

### New Teacher Seminars

MPS is providing a series of New Teacher Support Seminars on the first Wednesday of most months, from 4:30 p.m. until 6:30 p.m. First-year teachers are paid for each session they attend.

The focus of the **December 5** session is two-fold: "Reflection and the PDP" & "Levels of Bloom's Taxonomy." It takes place at Marshall High.

#### Great Opportunity to...

- ◆ Join a community of new teachers.
- ◆ Learn proven instructional strategies that impact student achievement.
- ◆ Deepen your understanding of the PDP process.

For questions, call Roxie Hentz at 475-8143 or Victoria Frazier at 475-8245.

### YogaKids

Looking for ways to integrate movement into your classroom - and simultaneously support the rigorous academic curriculum? YogaKids is a creative path to less stress and greater success.

For information on YogaKids, go to [yogakids.com](http://yogakids.com) and for local resources, call Stephanie Sandy at 483-1672. Stephanie, a certified YogaKids teacher and trainer, has been working to bring this program into MPS schools.

Stephanie is presenting an all-day workshop on Sunday, December 2. The \$469 fee for this training includes materials, lesson plans, teacher's manual, and more.

## Don't Delay - Take the PHA!

The deadline for you and your spouse to complete the personal health assessment (PHA) is **December 15**. You can access this confidential questionnaire at [mtea.org](http://mtea.org), via the "GoodHealth" quick link.

### Your Good Health

The primary reason to take the PHA is the results you'll receive - personalized, confidential information on maintaining/improving your health. The PHA is your pathway to considering a vast array of voluntary and confidential **individualized** health education/wellness programs.

### ...And a \$400 Incentive

A secondary reason for taking the PHA is a \$400 difference in your pocketbook. This two-part incentive is outlined below.

First, if you and your spouse complete the PHA by the deadline, you will not have to make a \$200 health insurance premium contribution. You'll avoid a \$100 deduction from two of your paychecks later this winter - February 22 and March 21.

Second, if you and your spouse complete the PHA by December 15, 2007, **and** if you complete one of the voluntary health/wellness programs by December 15, **2008**, you will earn \$200 tax-free, in your own health reimbursement account.

### More Details

In the months ahead, you'll receive more information on:

- ◆ Your voluntary, personalized wellness/health program options:
- ◆ How to earn and spend the tax-exempt \$200 through an IRS-approved health reimbursement account.

The critical first step is the PHA. Please set aside 15 minutes and complete it today.

## Calling All PDP Reviewers!

Our union is working on ways to help connect teachers who have been trained to serve on professional development plan (PDP) review teams with initial educators who are required to complete the PDP process for state licensure.

We need your help! If you have received the training to qualify as a PDP reviewer under PI-34, please e-mail Stephanie Walters at [walterss@mtea.weac.org](mailto:walterss@mtea.weac.org). We'd like to identify qualified reviewers by **December 12**.





